

# W&OD TRAIL 5K

## Saturday, March 27, 2010 - 4:00 pm

**On Washington & Old Dominion Trail from Little Falls Street to Shreve Road and back  
Start & finish at Kemper-Mason Ware Masonic Lodge, 411 Little Falls Street, Falls Church, Virginia**

- Course** • Scenic, mostly flat course on Washington & Old Dominion Trail from Little Falls Street to Shreve Road and back
- Pre-Race** • Packet pick-up Friday, March 27, 3 PM - 6 PM at Road Runner Sports, 1120 West Broad Street, Falls Church VA
- Race Day** • Packet pick-up 2:30 - 3:45 PM at Kemper-Macon Ware Masonic Lodge, 411 Little Falls Street, Falls Church VA
- Timing** • By Marathon Charity Cooperation's lightweight IPICO tags – get tag at packet pick-up – return it post-race
- Post-race** • Refreshments • Awards to 1st, 2nd, 3rd overall M/F and 1st, 2nd, 3rd by 10-year age-group M/F
- Benefits** • Friends of the W&OD Trail and Marathon Charity Cooperation
- Open to all** • Runners and walkers welcome. Enjoy a lovely day on the W&OD Trail! See displays about the W&OD
- Directions** • From US 29 (Lee Highway) turn north on W. Jefferson Street and east on Little Falls Street. Parking is free
- Sponsors** • See [www.mc-coop.org/wod](http://www.mc-coop.org/wod) or call 703-927-4833 or 703-819-7047 or [racedirector@att.net](mailto:racedirector@att.net)

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### Sponsor Opportunities:

Name Sponsor (\$1000)

- your corporate name on all publicity above the race name
- your corporate logo on front of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

T-shirt Sponsor (Back) \$250

- your corporate logo on back of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

T-shirt Sponsor (Front) \$500

- your corporate logo on front of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

T-shirt Supporter (back) \$100

- your corporate name on back of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

Please send this form to **MCC, 2776 South Arlington Mill Drive #246, Arlington VA 22206**  
Make checks payable to **MCC** or **FoWOD**

**Organization** \_\_\_\_\_

**Contact Name** \_\_\_\_\_ **Business Phone** \_\_\_\_\_

**Address** \_\_\_\_\_

**City, State, ZIP** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Web page** \_\_\_\_\_

(All donations are 501(c)3 deductible)      **Enclosed is:**

\$\_[\_\_\_\_\_] A donation to Marathon Charity **Cooperation**

\$\_[\_\_\_\_\_] A donation to Friends of the W&OD Trail

Discover    Master    Visa   \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_      Exp.Date   \_\_\_\_ - \_\_\_\_

Name on card \_\_\_\_\_

I pledge in-kind support \_\_\_\_\_ (e.g., printing t-shirts or refreshments)

Gift certificates from your store or business (e.g., four or more \$25 certificates)