

Walter L. Mess **W&OD 5K**

Sunday, March 27, 2011 - 4:00 pm

**On Washington & Old Dominion Trail from Little Falls Street to Shreve Road and back
Start & finish at American Legion Lodge Post 130, 400 North Oak Street, Falls Church, Virginia**

- In honor of** • **Walter L. Mess, chairman emeritus of Northern Virginia Regional Park Authority**
- Course** • Scenic, mostly flat course on Washington & Old Dominion Trail from Oak Street to Shreve Road to Little Falls Street and back
- Pre-Race** • Packet pick-up Saturday, March 26, 2:00 – 5:30 PM, at Road Runner Sports, 1120 West Broad Street, Falls Church VA
- Race Day** • Packet pick-up Sunday, March 27, 2:30 - 3:45 PM, at American Legion Lodge Post 130, 400 North Oak Street, Falls Church
- Timing** • By Marathon Charity Cooperation's lightweight IPICO tags – get tag at packet pick-up – return it post-race
- Post-race** • Refreshments • Awards to 1st, 2nd, 3rd overall M/F and 1st, 2nd, 3rd by 10-year age-group M/F
- Benefits** • Friends of the W&OD Trail and Marathon Charity Cooperation
- Open to all** • Runners and walkers welcome. Enjoy a lovely day on the W&OD Trail! See displays about the W&OD
- Directions** • From US 29 (Lee Highway), north on Washington Blvd to 25th Street to Fairfax Drive to Lincoln Avenue, left on Oak Street.
• From VA Route 7 (Leesburg Pike), turn northeast on Oak Street. Cross W&OD Trail. American Legion is on the right.
- Sponsors** • See www.mc-coop.org/wod5k or call 703-927-4833 or 703-819-7047 or secretary@mc-coop.org

Sponsor Opportunities:

Name Sponsor (\$1000)

- your corporate name on all publicity above the race name
- your corporate logo on front of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

T-shirt Sponsor (Front) \$500

- your corporate logo on front of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

T-shirt Sponsor (Back) \$250

- your corporate logo on back of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

T-shirt Supporter (back) \$100

- your corporate name on back of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 300 runners' goodie bags; display on race day

Please send this form to **MCC, 2776 South Arlington Mill Drive #246, Arlington VA 22206**

Make checks payable to **MCC** or **FoWOD**

Organization _____

Contact Name _____ **Business Phone** _____

Address _____

City, State, ZIP _____

E-mail _____

Web page _____

(All donations are 501(c)3 deductible) Enclosed is:

\$_[_____] A donation to **Marathon Charity Cooperation**

\$_[_____] A donation to **Friends of the W&OD Trail**

Discover Master Visa _____ - _____ - _____ Exp.Date ___ - ___

Name on card _____

I pledge in-kind support _____ (e.g., printing t-shirts or refreshments)

Gift certificates from your store or business (e.g., four or more \$25 certificates)